

# How to write the integrative/summary chapter for PhD-by-publications

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Methods Festival 2019  
Tampere University

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JOURNAL OF MEDICAL INTERNET RESEARCH  
 Original Paper  
 Vuorinen et al

### Use of Home Telemonitoring to Support Multidisciplinary Care of Heart Failure Patients in Finland: Randomized Controlled Trial

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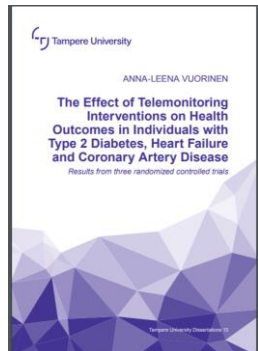
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JOURNAL OF MEDICAL INTERNET RESEARCH  
 Original Paper  
 Kuitula et al

### Telemonitoring and Mobile Phone-Based Health Coaching Among Finnish Diabetic and Heart Disease Patients: Randomized Controlled Trial

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**DTT**  
 Diabetes Technology & Therapeutics

ORIGINAL ARTICLE

### Active Assistance Technology Reduces Glycosylated Hemoglobin and Weight in Individuals With Type 2 Diabetes: Results of a Theory-Based Randomized Trial

Anna-Leena Orsma, MSc<sup>1</sup>; Jaakko Lähteenmäki, LSc<sup>1</sup>; Kari Hamo, MD, PhD<sup>2</sup>; Minna Kulju, MSc<sup>1</sup>; Eva Wintergerst, PhD<sup>3</sup>; Holly Schachner, MD<sup>3</sup>; Pat Stenger, RN, CDE<sup>3</sup>; Juha Leppänen, MSc<sup>1</sup>; Hannu Kajjanranta, MSc<sup>1</sup>; Ville Salaspuro, PhD<sup>4</sup>; and William A. Fisher, PhD<sup>5</sup>

### Is Home Telemonitoring Feasible in the Care of Chronic Diseases - Insights into Adherence to a Self-management Intervention in Renewing Health Finland Trial

Anna-Leena Vuorinen<sup>1</sup>(corresponding), Miikka Ernes<sup>1</sup>, Tuula Karttula<sup>2</sup>, Katja Rääpysjärvi<sup>2</sup>, and Jaakko Lähteenmäki<sup>3</sup>

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# Tips and my own experience

## Tips

- The summary chapter should be a publication itself
- The summary chapter should not repeat or summarize the articles
- Avoid using titles that refer to a single paper or a single study
- Discussion is most important

## My own experience

- I wrote the Methods study-by-study
- Writing the summary chapter was a chance to show what I've learned
- Chance to explain the details
- Reserve sufficient time (and money) for writing the summary chapter



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**Thank you!**